

## PLAYING WITH FAMILIES

– workshop –

The topic of this workshop is connected to the theme of my plenary presentation about symbol- and experience-orientated work with families.

Psychodrama with families fulfils the children's 'hunger for action', their joy of movement and play and opens up a space for surprising solutions. For parents is a new way to connect to their children, to find new insights and experiences, which is impossible to get in a verbal interaction. The spontaneity and creativity of every family member contribute in this common, healing experience.

Participants of this workshop will have the opportunity to gain a better understanding about these joyful but complex processes.



**Alfons AICHINGER (Germany)**

**Psychologist, Psychotherapist and Psychodrama Psychotherapist** for nearly 40 years.

From 1975 to 2012 he was the Head of the Caritas Association's Psychological Counselling Centre for Parents, Children and Youth in Ulm, Germany.

Since 1980 he has been the Head of the Advanced Training at the Moreno Institute Stuttgart; since 2004 at the Szenen Institute Cologne and since 2012 at various Systemic Institutes in Germany, holding continuous training

courses and supervision in these frames.

He is the author of 3 books and numerous articles on the subject of Psychodrama with Children.