

FREEDOM FROM SCHOOL BULLYING

– poster –

In the poster will be presented a case study about Gabriel, a ten-year-old boy with ADHD, who is brought to therapy by his parents and is included in a children psychodrama group. The major problem is, that Gabriel is bullied by his classmates. (School bullying is defined as when someone regularly and over a long period of time is bullied mentally and/or physically by one or more pupils.)

He is in the third grade, but has already been through a school change: because of his ADHD symptoms, his parents are forced to move him in another school. But his situation at the new school is not easy either. Gabriel fails to fit into the community, is teased for his restless nature and he slowly becomes the clown of the class to attract more attention. He is often ostracized (marginalized), teased and bullied.

In his first years of school, he had a strict teacher who was not very understanding towards him and said that he was spoiled. However, the teacher pursued a consistent educational policy in the class: she did not allow teasing or violence. In third grade, he got a new teacher who was understanding and loving towards Gabriel, but unable to maintain discipline, which led to more and more insults, teasing, harassment, and mockery towards him.

We will present two scenes invented and played by Gabriel during a group process, which had a key role in the therapeutic process. The first one is a story that was told at the beginning of the group and the second one is his own symbolic “birth story”.



Réka BALÁSY (Romania), balasy.reka@yahoo.com

Speech therapist, Children psychodramatist (APCA-KH, Association of Psychodrama for Children and Adolescents – Hanna Kende, Cluj), trained in Psychodrama for adults too (SPJLM – J.L. Moreno Psihodrama Society).

She has more than 15 years of experience in leading children's psychodrama groups and working with children from toddlers to adolescents. She lives and works in Târgu-Mureş (Marosvásárhely), Romania.

Is an active member of APCA-KH from the beginning and in the last six years she has continued this work as vice-president.