

“PSYCHODRAMA ON THE SPECTRUM”

– workshop –

The main objective of our workshop is to dive into the unique and powerful approach of psychodrama when working with children with Autism Spectrum Disorder (ASD).

A minimal theoretical information about ASD will be presented (characteristics, DSM classification), combined with psychodramatic exercises to facilitate the understanding what's happening in the mind of a child with ASD.

Will have place warm-up exercises focused on the senses and emotional disconnection and a psychodramatic presentation of study case about a boy who participated at psychodramatic therapeutic groups for 3 years. We will stage one session from each year, significant for the needs, characteristics and evolution of the respective year.

Participants will acquire a minimal understanding and experiencing the way how children with ASD perceive stimuli and the world and will reflect on the emotional journey of therapists working with these children. Sharing of experiences, questions and free discussions are included.



Dana BITON (Romania), dana_biton@yahoo.com

Psychodrama psychotherapist for children, teenagers (Interplay International Institute) and adults (Romanian Association of Classical Psychodrama in Bucharest – ARPSIC), Special Educator (University of Bucharest), Teacher with didactic degree, Parental educator trained in the "Circle of Security", Hypnosis competences.

Over 15 year experience in working with children with special needs, both in special education and regular education establishments as well as in private practice.

Psychotherapist for groups of children and teenagers for over 10 years. The cases I have worked with include different types of neurodevelopmental disorders, genetic diseases and neurological conditions: autism, Down syndrome, epilepsy, ADHD, developmental delays, cerebral palsy, etc.



Ana-Caterina BEDIVAN (Romania), psihoatelier@gmail.com

Clinical and educational psychologist, specialized in neurodivergent children and adolescents. Adult psychodrama psychotherapist (Romanian Association of Classical Psychodrama - ARPsiC) Children and adolescent psychodrama psychotherapist (Interplay International Institute)

Since 2004, I have worked with parents, children, adolescents and have been using psychodrama since 2012.

I have experience with groups of neurotypical and neurodivergent children and adolescent aged between three and eighteen, parents and children, and refugees.

I am also trained in art therapy, EMDR, Schema Therapy, Sandplay and NeuroAffective Relational Model (NARM), allowing for a comprehensive approach to my work