

“BETWEEN WORLDS” – PSYCHODRAMA WITH ATYPICAL CHILDREN

workshop

Being over-sensitive, anxious, frightened is not easy for a child, especially in this volatile, uncertain, complex and ambiguous environment of modern society. Have to facing the everyday challenge of school environment and social environment is really hard for a primary school kid.

In our workshop, we would like to show how can help children psychodrama in coping with these difficulties, through the plays and role development of a young boy, diagnosed with autism spectrum disorder in elementary school.

His journey included developing new coping strategies, emotional self-regulation and attachment building to peers was a complex and impressing process, he evolved from “*being on the road between the worlds*” to “*reborn*” as a new, strong, connected and efficient person.



Irén ILYÉS (Romania), iren_ilyes@yahoo.com

Psychologist, School Counsellor, Children Psychodrama therapist, one of the founding members of the Kende Hanna Child and Adolescent Psychodrama Association in Romania (APCA-KH).

She have been working with children with special educational needs for more than 25 years and I have been using the child psychodrama method for more than 15 years. I have experience working with hearing impaired children in sign language, children with typical development and learning disabilities, children with atypical development, diagnosed with ADHD and/or with autism spectrum disorder.



Tünde SIMON (Romania), tundesimon05@gmail.com

Special Education teacher for over 20 years.

Throughout her career, she has worked mainly with children from troubled family backgrounds, often carrying deep emotional wounds. On a quest to find a method to help them, she discovered child psychodrama about a decade ago.

Since then, she has been utilizing this approach with children who have various special educational needs including hearing impairments, behavioural issues, autism and learning disabilities. It has been incredibly rewarding to witness their gradual transformation as they release their inner tensions and emotional burdens, leading to more stable and positive emotional behaviours.