## INTEGRATING ADOLESCENT PSYCHODRAMA, FERENC MÉREI'S PSYCHODRAMA APPROACH AND THE TECHNIQUES OF PLAYBACK THEATRE

## - workshop -

In our workshop, the leadership experiences and insights we have gained in these three areas will be presented. Through the shared experience of play, the interactions between these three elements will become more apparent, and we will also explore the opportunities for creating added value.

We are convinced that the dynamics of adolescent psychodrama and its developmental possibilities can be effectively complemented by the techniques of Playback Theatre and the methods developed by Ferenc Mérei (Hungarian senior psychodramatist trainer, 1909-1986). We incorporate a completely new perspective into the developmental process – adding value through the diversity of possibilities to monitor the feelings of the characters in the story.

At the same time, an unique technical fusion will be presented, using child psychodrama, Playback Theatre, and the writings of lon Creangă, illustrating how they together contribute to children's emotional and social development, as well as the unfolding of their creativity. Ion Creangă, one of the prominent figures in Romanian literature, deeply roots his writings in the world of children. His characteristic humor and playfulness make the ethical messages in his works accessible, helping young people understand and embrace societal values and norms.



## Ádám KISS GYÖRGY (Hungary), kissgyorgyadam@gmail.com

Psychodrama trainer; Action-oriented supervisor; Master coach; Founding member of the Hungarian Psychodrama Association, initiator of the Playback theatre movement in Hungary; Artistic director of "Üveggyöngyjáték (Glass Bead Game) Playback Community Theatre and Budapest Playback Theatre School – Community Space.

Between 1992 and 1998, he was the editor of the Psychodrama magazine and an active member of the organizing committee of several conferences. Over the past 35 years, he organized and offered numerous training courses and presentations.



## Csilla PÉTERFFY (Romania), peterffycsilla@gmail.com

Special educator, Children psychodramatist (APCA-KH, Association of Psychodrama for Children and Adolescents – Hanna Kende, Cluj), Psychodrama assistant for adults (SPJLM – J.L. Moreno Psihodrama Society, Cluj)

Psychopedagogical teacher, deaf pedagogue and supervisor, accredited member of the Romanian College of Psychologists (CPR) since 2007. Founding member of

Hungarian Special Education Teachers in Romania and APCA-KH,

Over 20 years of experience with children and adolescents psychodrama groups, included groups of children with special needs.