

MUSIC – SHADOW – DRAMA

THE POSSIBILITIES OF SHADOW PLAY IN CHILD PSYCHODRAMA GROUPS

– workshop –

The workshop is an integration of three children psychodrama group-leaders work. We have met shadow play at different times. Magdi Rácz, our colleague brought her little shadow play theatre to Hanna Kende's children's psychodrama training and showed how she works with it. Andrea Majoros added the use of music to the method and they worked together for a while. Then, seeing them presenting together, Viola Szebeni enthusiastically started looking for ways how to use effectively the shadow play in her psychodrama groups with children of different ages.

This workshop will be an integration of these different pathways. We will give a taste of introductory, relaxing shadow plays (with and without music). We will talk about using shadow technique for improvisational mirroring and creating images or stories, and body image shaping through shadow.

The workshop will allow participants to experience how the emotional power of music and the protective boundary of the screen relieves anxiety and helps to connect. And finally, participants can enter the magic world of stories created to music.

Our workshop will be interactive, each play will be experienced by the participants. After each play will be an opportunity for questions and answers.



Andrea MAJOROS (Hungary), andrea.majoros65@gmail.com

Clinical child and adolescent psychologist, Children psychodramatist, working at the Epilepsy-Neurology Department of Buda Children's Hospital and at Mosoly (Smile) Foundation Budapest.

She is specialized in analytic and Jungian psychology and family therapy. Sometimes combines children psychodrama with art therapy tools. Regularly held psychodrama groups for children with chronic illness and various other problems.



Viola SZE BENI (Hungary), viola.szebeni@gmail.com

Child psychodrama group leader, Counselling psychologist for families and couples, Lecturer at the Department of Counselling and School Psychology of Eötvös Loránd University - Budapest (ELTE).

She has worked with children, adolescents, mentally disabled children and adults, adopted children and their parents, foster care groups. Currently works in private practice, leading 6-7 groups a year for all ages. Her particular interest is focused on mother-child groups and the counselling groups for parents.