

## “THE TREASURE IN DISGUISE” – THE FOCUS OF GROUP LEADERS

– workshop –

The child psychodrama group method was originally developed by Hanna Kende for socially disadvantaged children with low self-confidence and self-esteem.

In this workshop, we return to these roots, focusing on children who struggle with self-acceptance and experience anxiety. Our experience shows that in groups, more attention and energy are often directed toward active, boundary-testing children, while the anxious, withdrawn members receive less focus. As a result, they may easily become background players – just as they do in real life.

Through the case of an anxious, inhibited child, we will explore the possibilities that child psychodrama offers. How can this method help a child move from hiding and passivity toward connecting with their own creativity? How can it support them in opening up and engaging with their more active, energetic peers?

Ultimately, our goal is for them to become free and spontaneous group members – evolving from minor characters into central figures.

We warmly invite participants to join us in a shared play experience!



**Csilla NÉMETH, MD (Hungary)**, [nemethcsilla.md@gmail.com](mailto:nemethcsilla.md@gmail.com)

Physician, Endocrinologist, Psychodrama psychotherapist, Trainer and supervisor for Psychodrama with Children and Youth, member of the Hungarian Psychodrama Association

She was trained in Hanna Kende’s children psychodrama method, and has been practicing and teaching this method for 20 years, promoting it in Hungary and abroad.

She has been leading psychodrama groups for children, adolescents and adults, in private practice, and in a Psychiatric Rehabilitation Institute for Children and Adolescent in Budapest.



**Beáta H. POZSÁR (Hungary)**, [pozsarbeata@gmail.com](mailto:pozsarbeata@gmail.com)

Clinical Psychologist, Cultural Anthropologist, Trainer and supervisor in Children and Youth Psychodrama and Dynamic Sensory Integration Therapy, Adult Psychodrama leader. She has held therapy with infants, children, families and adults individually and in group setting for 25 years in IX. District Counselling Centre Budapest. Currently works in a private practice.

She has learned Hanna Kende’s children psychodrama method from 1997, since then she has been leading groups. Since 2005 she has been holding trainings in this approach. She was an active participant in the integration process of Children psychodrama training into the Hungarian Psychodrama Association training system. She has been leading Dynamic Sensory Integration Therapy groups since 1995, and has been participating in training for nearly 25 years.