

## PLAY WITH BRAIN – PSYCHODRAMA WITH GIFTED CHILDREN

### – workshop –

Gifted children develop asynchronously, are advanced from the cognitive point of view, but at or below their age emotionally and socially. Playing with gifted children can be different and challenging due to this pattern of development, which creates the need to adapt the psychodrama in order to cover the complexities in both the process and the content of the therapeutic work.

In our workshop we will explain how therapists can identify the traits of gifted children, allowing them to adapt the interventions accordingly. We will explore what are the main factors to be considered when playing with gifted children that can make the therapeutic work a lot more challenging and frustrating, how superior cognitive development and a high ability to think abstractly influence the scenarios the children generate and how a therapist can keep up with the multifaceted emotional themes, advanced moral dilemmas or abstract concepts the children bring up in a psychodrama session.

Participants will have the opportunity to experiment with specific interventions that address the higher emotional sensitivity of gifted children, which sometimes manifests dramatically and very intensely, creating more vulnerability and thus making the therapeutic process more challenging to navigate effectively. They will learn how to help these children feel safe and how to encourage them to feel the joy of playing without the questioning and analyzing that a gifted mind does.



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Clinical Psychologist specialised in children assessment and testing, Psychodrama psychotherapist and member of the Marketing and Networking Committee at the Romanian Association of Classical Psychodrama (ARPsiC), Trainer and Counsellor specialised in blended families and step parents.

Children psychodrama psychotherapist certified by the Interplay International Institute. Various international training courses in children psychotherapy (Violet Oaklander Solomon Foundation-VOSF, CA, SUA and Neuro-Dramatic-Play Ltd, UK), and EMDR training

Consistent experience in conducting therapeutic children's groups, as well as individual therapy sessions with children.



**Anca BOCANCEA (Romania)**, [ancaioanabocancea@gmail.com](mailto:ancaioanabocancea@gmail.com)

Psychodrama psychotherapist and Assistant-trainer at Romanian Association of Classical Psychodrama (ARPsiC), working both with individuals and groups.

Children psychodrama psychotherapist certified by the Interplay International Institute, with experience in leading therapeutic groups for children. Parental educator trained in the "Circle of Security", training in EMDR.

Certified trainer and organizer of various psychoeducational trainings for communities of psychologists, teachers and parents.